WATERINGBURY
FOOTBALL CLUB

TRAINING POLICY

Academy Training

Academy players should arrive to training 5 minutes early to sign into the register

All academy players will be registered on arriving and signed out by the adult responsible for them on the day at the end of the session. No academy player will be allowed to leave the training pitch until this is done.

A parent or adult taking responsibility for the player on the day must remain present and contactable on site at all times during the session.

A minimum of 2 responsible adults must remain at the training pitch side during the training session to aid the coach in supervision of the team or to contact the player's responsible adult if required.

Under 9's and 10's

It is recommended that one responsible adult should remain at the training pitch side during the session to aid the coach in supervision of the team or contact the player's responsible adult if required.

Heading rules

Following the new rules laid out by The Football Association in February 2020 for grass roots football, we will not be training our players in heading the ball. The ruling states that heading is still permitted by juniors during matches and we will be continuing to follow this rule, but during training sessions, our children will not be doing so.